

Lancashire Health and Wellbeing Board

Meeting to be held on 14 November 2017

Lancashire Health and Wellbeing Strategy

Contact for further information:

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Executive Summary

Members of the Board agreed that a refresh of the Health and Wellbeing Strategy be undertaken, with a subsequent workshop to agree the key areas of focus for the Strategy. This report provides an update subsequent to the workshop, with potential workstreams identified, and a refreshed Strategy for consideration.

Recommendations

Members of the Board are requested:

- i) To consider the outcomes from the workshop and agree the proposed areas of work required to improve health and wellbeing outcomes in Lancashire.
- ii) To agree lead Board members for each programme of work.
- iii) To receive progress reports on the proposed work streams on a regular basis at future board meetings.
- iv) To adopt the updated draft Health and Wellbeing Strategy.

Background

At the meeting of 5 September 2017 members of the Board received a report, with an updated draft Health and Wellbeing Strategy and various appendices of contextual information about the health and wellbeing challenges in Lancashire. It was agreed that the draft strategy be used as the basis for a workshop with members of the Board on 16 October 2017, where the key areas of focus for the final strategy would be agreed.

The notes from the workshop identifying the priority issues (the what), and designing the delivery mechanisms (the how) are attached for information at Appendix A.

Members were provided with contextual information identifying the health and wellbeing outcomes where Lancashire performs poorly when compared with the national average, where there is a worsening trend or where the issues contribute to increasing inequalities.

Further to discussion, Board Members identified the following as the areas of future focus for the Health and Wellbeing Strategy:

Start Well

- School readiness
- Child mental health
- Healthy weight

Live Well

- Healthy lifestyles
- Mobilising communities
- Promoting self-care

Age Well

- Social isolation and loneliness
- Delayed transfers of care
- Unpaid carers

Wider Determinants of Health

- Education, skills and lifelong learning
- Housing
- Employment

These have been considered and redefined further by the Director of Public Health and officers using the information provided through the workshop discussions, where it was noted that a number of areas of work do not easily fit under a particular heading. As a consequence the following groupings and workstreams proposed for action:

Early Years

- School readiness / parenting
- Children and young people's mental health and wellbeing

Activating Communities for Health and Wellbeing

- Healthy lifestyle behaviours
- Promoting self-care
- Social isolation and loneliness

Early Help and Managing Demand

- Management of long term conditions
- Place based integration of services
- Supporting unpaid carers
- Delayed Transfers of Care

Wider Determinants of Health

- Supporting young people not in education, employment or training (NEET)
- 'Prevention' at scale e.g. through health in all policies approach across all agencies
- Supporting independent living

In terms of delivery, each area of focus requires actions to be considered in terms of the opportunities afforded through:

- Joint commissioning
- Integrated delivery

- Policy development
- Consistent intelligence & standards
- Workforce development
- Better utilisation of public estate
- Better use of digital technology

Members of the Board are requested to consider these groupings and workstream areas, together with the opportunities to facilitate delivery, agreeing whether they are an appropriate reflection of the future focus required to improve health and wellbeing outcomes in Lancashire.

Subsequently the Board is requested to agree which Board members will lead activity on those workstreams, and the frequency that progress will be reported back to future meetings. It is likely that significant activity on some of these issues is occurring in other forums, with the Board lead potentially shaping the opportunities for Board oversight and influence. It is likely that all identified leads will require support to develop an action plan to target the activity within their workstream.

National Outcomes Frameworks define Public Health, NHS, Adult Social Care and Child and Maternal Health measures relevant to each of these workstreams. An example dataset is provided at Appendix B, which can be used to facilitate measurement of progress. Once the workstreams are finalised, further work will be undertaken to identify the key outcome measures, supplementing with local data where appropriate.

Further to the workshop, an updated draft strategy is provided at Appendix C for consideration.

List of Background Papers

Paper	Date	Contact/Tel
<u>Report to HWB – Health and Wellbeing Strategy</u>	5 September 2017	clare.platt@lancashire.gov.uk
<u>Report to HWB – Health and Wellbeing Strategy</u>	20 June 2017	clare.platt@lancashire.gov.uk